



To Mountain Parkway
2 (mi.)

WHITTLETON ARCH (216)

SNACK BAR
MINI GOLF

LOW GAP

ENTRANCE BRIDGE

WHITTLETON CAMPGROUND

HENSON ARCH

HENSON ARCH

SKYLIFT

ROCK GARDEN

HEMLOCK LODGE

5

4

4

8

SAND GAP

HOOD'S BRANCH

LAUREL RIDGE

NEEDLE'S EYE

DEVIL'S GULCH

3

POOL SNACK BAR

LAKESIDE

6

BATTLESHIP ROCK

ORIGINAL

HOEDOWN ISLAND

GIFT SHOP & R/R

9

1

1

CAVE

BALANCED ROCK

BALANCED ROCK

ACTIVITIES CENTER

COTTAGES

NATURAL BRIDGE

UPPER HOOD'S BRANCH

STEEL GATE (1.5 mi. from Natural Bridge)

SHELTOWEE TRACE FOREST SERVICE TRAIL #100

- Road
- Trail
- Building
- Picnic Area
- Picnic Shelter
- Tent Camping
- Stairs
- Ridgetop
- Trailhead

TRAIL **DISTANCE(mi.)** **HIKING TIMES(hrs.)**

	1 The Original	.75	1
	2 Balanced Rock	.75	1
	3 Battleship Rock	.75	1
	4 Rock Garden	1.75	2
	5 Sand Gap	7.5	6-8
	6 Hood's Branch	3	2-4
	7 Henson's Arch	.25	.75
	8 Lakeside	.25	.75
	9 Laurel Ridge	.75	1
	10 Low Gap	.5	.75
	11 Upper Hood's Branch	.75	1
	216 Whittleton	2.0	2

MAP IS NOT TO SCALE



NATURAL BRIDGE STATE RESORT PARK

MIDDLE FORK CAMPGROUND

BOAT RAMP

To Beattyville

Map prepared by University of Kentucky Cartography Lab
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