



The heart of the Kentucky River

Suggested Itinerary

Adventure Weekend

Welcome to Beattyville, KY located 20 minutes South of the Red River Gorge and Natural Bridge State Park. There are many adventures waiting for you on this themed packed weekend! Be sure to book in advance for all adventure based businesses. For additional lodging options visit www.visitleecountyky.com.

FRIDAY (Arrival)

Your weekend begins by checking into one of the two closest lodging options near the Pendergrass-Murray Recreational Area. At **Lago Linda Hideaway (606) 464-2876**, you can rent a cabin, hook up an RV, or choose between primitive and improved camping. At **Bear Track Lake Adventures (606) 464-8097**, you can rent a cabin on the spring fed lake and venture through the cave shelters around the property. Both locations offer boating, fishing, and hiking. Once you grab some supplies from **Bear Track Grocery (606) 464-3524**, relax by the fire roasting hot dogs and marshmallows.

SATURDAY

You cannot start an adventure without a good cup of coffee. Start your day at the **Art Factory Coffeehouse** in downtown Beattyville and enjoy a perfect cappuccino and signature maple bacon donut. Nothing compares to the rock climbing in the **Pendergrass-Murray Recreational Preserve**. Bring your gear or hire a guide from **Torrent Falls Climbing Adventures (606) 668-6613**, to teach you the basics. There are breathtaking cliff lines to hike around and a wide variety of routes for every experience level of rock climbing.

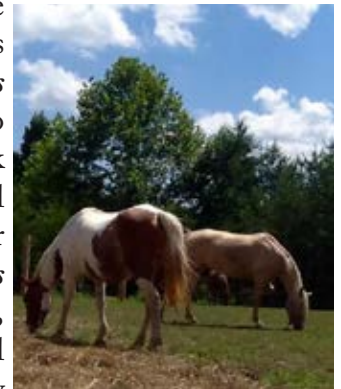


If you like going down instead of climbing up then you must try **Ash Cave Repelling (606) 369-0511**. After a half day of climbing or repelling, head to the **Red River Rockhouse (606) 668-6656** for lunch and then travel to the **Red River Gorge Zipline Adventure (606) 668-6222** for dual zipline racing over 300 feet above the treeline. Finish the day with a few frames of cosmic bowling at the **Lee County Recreational Center (606) 464-2600**. They also have a new indoor climbing gym that you must try, especially if it is a rainy day.



SUNDAY (Departure)

Right down the road in the Bear Track Community is **Whisper Valley Riding Stables (859) 302-4693**. Enjoy 1 to 3 hours of guided horseback riding to a beautiful waterfall and cliffline views. After lunch and ice cream at **Billy's Place Diner (606) 560-3333**, drive part of the Daniel Boone Backcountry Byway along Hell Creek Road to go hiking and rock climbing in the **Miller Fork Recreational Preserve**.



Fun Fact: The Red River Gorge Climber's Coalition is a nonprofit organization owning 1,000 acres of land to preserve the sport of rock climbing. The Pendergrass-Murray and Miller Fork Recreational Preserves are open to the public for rock climbing, hiking, and mountain biking. Join the RRGCC online at www.rrgcc.org.

Lee County Tourism Commission www.visitleecountyky.com